



Assisting women  
and their families facing  
the challenges of  
unplanned pregnancies.

March 2011

### A word from the Director

The year 2011 is proving to be an exciting year! I am amazed with the number of young families we see every week. What a wonderful opportunity our center has in helping these moms and dads and their children.

Be watching for our "Parenting Skills" classes coming in April.

### Client Activity

First Quarter

- Clients Served:- 240
- Parents in Adoption Counseling - 3

### Welcome "New" Volunteers

The center is very blessed with GREAT volunteers. We now have 23, but we still have not met our goal of 30 so we need your help! Trish Morrison, Kandy Brown, Holly Burns, and Kelly McKown have joined us this past month. There is always room for more volunteers. ☺☺☺

### Upcoming Events

- **Baby Bottle Fundraiser –**  
Mother's Day, Sunday, May 8<sup>th</sup>  
through Father's Day, June 19<sup>th</sup>.  
Just drop your spare change into  
the bottle each day and return full  
after Father's Day.
- **Annual Gala Benefit – April 30**  
The sixth annual gala will be held  
Saturday, April 30, 6:30-11:00 pm at  
St. Leo Catholic Church Hall, 2109  
Sulphur Springs Road, Inwood,  
[WV.25428](http://WV.25428)
- **Annual Spaghetti Dinner –**  
September 24<sup>th</sup> – watch for details

### Center Needs

- Volunteers
- New Computer and Printer
- Clothing- Summer items through 6X  
boys and girls.

Office Location: 1586 Winchester Avenue  
Martinsburg, WV 25405  
Mailing Address: P. O. Box 1963  
Shepherdstown, WV 25443

Phone/Fax: 304-264-2722  
24/7 Hotline: 1-877-901-4CPC  
Hours: Mon-Fri 11:00 am-3:00 pm  
Thursday until 5:00 pm  
Email: [info@carepregnancycenterepwv.org](mailto:info@carepregnancycenterepwv.org)

For more information and for ways you can get involved, go to: [CarePregnancyCenterEPWV.org](http://CarePregnancyCenterEPWV.org)

## Abortion Changes You!

The Care Pregnancy Center, as a Heartbeat affiliate, regularly sees clients' pain from past abortions. You offer support or refer women to a healing group, but so many things -- including shame and fear -- may prevent them from attending.

I can certainly relate.

At 18 this young lady had an abortion. Here is her story.

I believed it would erase my pregnancy and allow me to move on with my life. Instead, I experienced regret and sadness. I was confused by these emotions. At first I tried to ignore them, but the emotions only grew stronger and more intrusive. I thought about talking to someone, but the desire to reach out was checked by my fear of how people might react.

*What if they denied my feelings? What if they condemned me? What if they treated me differently afterward?*

I seriously wondered if anyone could understand what I was going through. I also wondered if other women were experiencing similar, troubling emotions after their abortions. Or was I the only one?

Even after learning of an after-abortion healing group and realizing I wasn't alone, I still resisted reaching out for help. My secret would be revealed if I attended a program affiliated with my church. I also wasn't sure I *wanted* to heal -- suffering and punishment seemed like more appropriate consequences.

As my unresolved emotions gradually developed into unhealthy behaviors, my desperation to find help finally overcame my fear. When I shared my pain with a friend, her compassion gave me courage to reach out to the after-abortion healing program. Finally, I could grieve the loss of my child and find restoration. I was fortunate to have a friend help guide me out of my years of silent suffering.

However, many women aren't as fortunate. As a result, after-abortion services are woefully underutilized. Although many pregnancy center clients have experienced a past abortion, only a tiny percentage of them will take advantage of the excellent resources offered through the center or by an affiliated organization.

## Email Power

Turn on the power of Heartbeat communications by sending us the most current, correct e-mail addresses of everyone on your staff to [cpcmartinsburg@hotmail.com](mailto:cpcmartinsburg@hotmail.com)

## Newsletter Delivery

Also, let us know how you would prefer to receive updates on Care Pregnancy Center:

- Mailing
- Email
- Unsubscribe Us

Email us at: [cpcmartinsburg@hotmail.com](mailto:cpcmartinsburg@hotmail.com) or  
Call us at: 304-264-2722.

## Baby Bottle Fundraiser

Just drop your spare change into the bottle each day and return **FULL** on Father's Day. Remember, your spare change helps change lives!!!!!!!!!!!!



- **STARTS** Mother's Day Sunday May 8<sup>th</sup> - **ENDS** Father's Day Sunday June 19<sup>th</sup>



You are invited to an  
**Enchanted Evening**  
To benefit the

**care pregnancy**  
center  
of the Eastern Panhandle, Inc.

The sixth annual gala will be held  
Saturday, April 30, 2011, 6:30 to 11:30 pm  
St. Leo's Catholic Church Hall  
2109 Sulphur Springs Road, Inwood, WV 25428

**Tickets On Sale Now!**

\$50.00 per person

Tables of 8 may be reserved

**Sponsorships Available**

**Gold - \$1,000.**

Complimentary table for 8  
Recognition in pre-event promotions,  
program and during the event

**Silver - \$500.**

4 Complimentary tickets  
Recognition in the program and  
during the event

**Bronze - \$250.**

2 Complimentary tickets  
Recognition in the program and  
during the event

**Dessert Bar - \$150.00**

Recognition of the dessert bar  
limited to 10 sponsors

Tickets may be purchased by contacting:

The Care Pregnancy Center  
P. O. Box 1963, Shepherdstown, WV 25443  
304-264-2722 or visit our website at  
[www.carepregnancycenterwv.org](http://www.carepregnancycenterwv.org)

Semi formal Formal

Visa/MasterCard accepted